

# Community Mental Health and Counseling Services

**\*This is a comprehensive list of many resources available in Lake County and the surrounding area. Gavin 37 does not make any recommendations around these resources, but has compiled this list as a resource for our families. If you are navigating an emergency, please contact 911 immediately.**

## **“988” National Suicide and Crisis Hotline**

988 is active across the United States. This new, shorter phone number should make it easier for people to remember and access mental health crisis services. (Please note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.) Call “988”

<https://988lifeline.org/>

## **Lake County United Way Community Services & Support Search**

Call “21” or text your zip code to “898211”

(You can put in your Zip code & the type of support or resource you are looking for):

<https://211lakecounty.org/>

<b>Agency</b>	<b>Services</b>
<b>Allendale</b> Lake Villa, IL 847-356-2351 <a href="http://www.allendale4kids.org">www.allendale4kids.org</a>	<i>Special Education Services</i> <i>Residential Treatment Services</i> <i>Outpatient Counseling Services</i> <i>Community Services</i>

<p><b>AMITA Health Behavioral Medicine</b></p> <p>Alexian Brothers Behavioral Health Hospital</p> <p>1650 Moon Lake Blvd</p> <p>Hoffman Estates, IL 60169</p> <p>Phone: 855-383-2224</p> <p><a href="http://www.AMITAhealth.org/behavioralmedicine">www.AMITAhealth.org/behavioralmedicine</a></p>	<p><i>Inpatient</i></p> <p><i>Partial Hospitalization</i></p> <p><i>Chemical Dependency</i></p> <p><i>Self Injury and Eating Disorders</i></p> <p><i>School Anxiety/Refusal</i></p> <p><i>Autism Spectrum &amp; Developmental Disorders Resource Center</i></p> <p><i>*Free Assessments</i></p> <p><i>*Accepts KidCare for inpatient and outpatient programming</i></p>
<p><b>Arbor Counseling Center</b></p> <p>1790 Nations Drive, Suite 208</p> <p>Gurnee, IL 60031</p> <p>847-625-9004</p>	<p><i>Counseling</i></p>
<p><b>Blending Families</b></p> <p>800 Main Street, Suite 5</p> <p>Antioch, IL 60002</p> <p>847-838-9904</p>	<p><i>Family Therapy</i></p> <p><i>Individual Therapy</i></p> <p><i>Children, Teens and Adults</i></p> <p><i>*Does not accept State Insurance</i></p> <p><i>*Works with Open Arms to provide services to those in need</i></p>

<p><b>Bradley Counseling Center</b></p> <p>Lake Villa: 847-356-3322</p> <p>Gurnee: 847-244-7177</p> <p><a href="https://allendale4kids.org/programs-services/bradley-counseling-center/">https://allendale4kids.org/programs-services/bradley-counseling-center/</a></p>	<p><i>Counseling</i></p> <p><i>*Accepts State Insurance for 17 and under</i></p>
<p><b>Community Youth Network</b></p> <p>18640 W. Rt 120</p> <p>Grayslake, IL 60030</p> <p>847-548-6000</p> <p><a href="http://www.cyngrayslake.org">www.cyngrayslake.org</a></p>	<p><i>Counseling</i></p> <p><i>In-school counseling</i></p> <p><i>*Offers a sliding scale</i></p>
<p><b>CYN Counseling Center</b></p> <p>Grayslake, IL</p> <p>847-548-6000</p> <p><a href="http://www.CYNGrayslake.org">www.CYNGrayslake.org</a></p>	<p><i>Counseling</i></p>
<p><b>Gurnee Counseling Center</b></p> <p>4212 Old Grand Avenue, Suite 102</p> <p>Gurnee, IL 60031</p> <p>847-336-5621</p>	<p><i>Counseling</i></p>

<p><b>Harmony Counseling Services</b> 3 W Crystal Lake Ave, Suite 205 Crystal Lake, IL 60014 Phone: 815-823-2299 Fax: 815-301-9914 <a href="http://www.harmonycounseling.org">www.harmonycounseling.org</a></p>	<p><i>Counseling</i></p>
<p><b>Hawthorn Counseling Group</b> 977 Lakeview Parkway, Suite 102 Vernon Hills, IL 60061 Phone: 847-680-0755 Fax:: 847-573-1617 <a href="http://www.hawthorncounseling.com">www.hawthorncounseling.com</a></p>	<p><i>Counseling</i></p>
<p><b>Kids Above All</b> <b>Lake Bluff, IL</b> <a href="https://www.kidsaboveall.org/">https://www.kidsaboveall.org/</a></p>	<p><i>Counseling and all other services needed by families</i></p>

<p><b>Lakes Behavioral Hospital- Adolescent Programming</b></p> <p>2615 Washington Street</p> <p>Waukegan, IL 60085</p> <p>Phone: 855-990-1900 (free 24/7 assessments)</p> <p><a href="https://www.lakebehavioralhospital.com/inpatient/adolescent-mental-health-program/">https://www.lakebehavioralhospital.com/inpatient/adolescent-mental-health-program/</a></p>	<p><i>Inpatient</i></p> <p><i>Partial Hospitalization</i></p> <p><i>Telehealth</i></p>
<p><b>Lake County Health Dept. Children Adolescent Behavioral Services (CABS)</b></p> <p>Phone: 847-377-8950</p>	<p><i>Trauma Treatment</i></p> <p><i>Therapy Groups</i></p> <p><i>Counseling</i></p>
<p><b>Mano A Mano</b></p> <p>Round Lake and North Chicago, IL</p> <p>847-201-1521 (Round Lake)</p> <p><a href="http://www.mamfrc.org">www.mamfrc.org</a></p>	<p><i>Family Resource Center</i></p> <p><i>Parenting courses</i></p> <p><i>Individual and small group</i></p> <p><i>Focus on health services</i></p>
<p><b>Nicasa</b></p> <p>31979 N. Fish Lake Road</p> <p>Round Lake, IL 60073</p> <p>Phone: 847-546-6450</p> <p><a href="https://nicasa.org/">https://nicasa.org/</a></p>	<p><i>Youth Services:</i></p> <p><i>Substance Abuse Treatment</i></p> <p><i>Behavioral and Mental Health Counseling</i></p> <p><i>Family Counseling</i></p> <p><i>Family Advocacy Program</i></p>

<p><b>Pioneer Center for Human Services</b></p> <p>4031 West Dayton Street  McHenry, IL 60050  Phone: 815-344-1230  website: pioneercenter.org</p>	<p><i>Developmental Disabilities Services</i></p> <p><i>Behavioral Health Services</i></p> <p><i>Youth &amp; Family Counseling</i></p> <p><i>Intensive Home Therapy</i></p> <p><i>Homeless Services</i></p>
<p><b>Renacer Latino Inc.</b></p> <p>620 Washington Street  Waukegan, IL 60085</p> <p>Or</p> <p>900 N. Lake Street, Suite 100  Mundelein, IL 60060  847-336-7302  <a href="http://www.renacerat.com">www.renacerat.com</a></p>	<p><i>Counseling</i></p> <p><i>Substance Abuse</i></p> <p><i>Parenting Skills</i></p>
<p><b>Sayre Counseling Services</b></p> <p>Address: 1580 S Milwaukee Ave Suite 202,  Libertyville, IL 60048</p> <p>Phone: 847-309-7316  Fax: 847-986-6895  <a href="http://www.sayrecounseling.com">www.sayrecounseling.com</a></p>	<p><i>Counseling</i></p>

<p><b>Streamwood Hospital</b></p> <p>1400 E Irving Park Rd  Streamwood, IL 60107  (630) 837-9000  (800) 272-7790  24 hours a day, 7 days a week  <a href="http://www.streamwoodhospital.com">www.streamwoodhospital.com</a></p>	<p><i>Inpatient</i></p> <p><i>Outpatient</i></p> <p><i>Partial hospitalization</i></p> <p><i>Therapeutic day school</i></p> <p><i>Assessment &amp; referral</i></p>
<p><b>Supportive Solutions Counseling Center</b></p> <p>34121 N US Highway 45, Suite 227  Grayslake, IL 60030  Phone: 847-305-3574  <a href="http://www.supportivesolutionscc.com">www.supportivesolutionscc.com</a></p>	<p><i>Counseling</i></p>
<p><b>Tabor Therapy Group</b></p> <p>5400 W. Elm Street, Suite 104  McHenry, IL 60050  Phone: 815-331-8768  Fax: 815-331-8760  <a href="http://www.tabortherapygroup.com">www.tabortherapygroup.com</a></p>	<p><i>Counseling</i></p> <p><i>Parenting</i></p>

<p><b>The Therapy Tree Pediatric and Adult Wellness</b></p> <p>89 Cedar Avenue  Lake Villa, IL 60046  Phone: (847)265-7300  <a href="http://www.thetherapytree.org">www.thetherapytree.org</a></p>	<p><i>Counseling</i></p> <p><i>Parenting</i></p> <p><i>Speech Therapy</i></p> <p><i>Occupational Therapy</i></p>
<p><b>Youth and Family Counseling</b></p> <p>1113 S. Milwaukee Ave., #104  Libertyville, IL 60048  Phone: (847) 367-5991  Fax: (847) 367-5997  <a href="http://www.counselingforall.org">www.counselingforall.org</a></p>	<p><i>Counseling</i></p> <p><i>Divorce</i></p> <p><i>Grief</i></p> <p><i>*Call regarding State Insurance</i></p>
<p><b>Zacharias Sexual Abuse Center</b></p> <p>Address: 4275 Old Grand Ave, Gurnee, IL 60031  24 hr. Hotline: 847-872-7799  Office: 847-244-1187  Website: <a href="https://zcenter.org/">https://zcenter.org/</a></p>	<p><i>Counseling (Individual &amp; Group)</i></p> <p><i>Support Groups</i></p> <p><i>Advocacy (Medical, Court)</i></p>