## Third Grade Proficiency Map (Physical Education K-5)

Third Grade	Unit 1:Teambuilding /Skeletal System Days:20 (End Month:)	Unit 2: Throwing/Cat ching/Fitness Testing/ Skeletal System Days 20 (End Month: )	Unit 3: Tossing/ Rolling/Kicking/ Muscular System Days: 20 (End Month:)	Unit 4: Climbing Wall/Muscular System Days: 15 (End Month:)	Unit 5: Tumbling/ Nutrition Days: 20 (End Month:)	Unit 6: Jump Rope Days: 20 (End Month: )	Unit 7: Dance/Fitness Testing Days: 20 (End Month:)	Unit 8: Throwing, Tossing, Kicking/ Catching /Rolling Days: 20 (End Month:)
Movement & Motor Skills	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b	19.A.2a 19.A.2b 19.B.2a 19.B.2b 19.C.2a 19.C.2b
Physical Fitness	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b	20.A.2a 20.A.2b 20.B.2b 20.C.2a 20.C.2b
Team Skills	21.A.2a 21.A.2b 21.B.2a	21.A.2b 21.B.2a	21.A.2b 21.B.2a	21.A.2b 21.A.2c 21.B.2a	21.A.2b 21.A.2c 21.B.2a	21.A.2b 21.A.2c 21.B.2a	21.A.2a 21.A.2b 21.B.2a	21.A.2b 21.B.2a
Prevention of Illness & Injury	22.A.2a 22.C.2a 22.D.2a	22.C.2a	22.A.2a 22.C.2a 22.D.2a	22.A.2b 22.D.2a	22.A.2a 22.A.2b 22.A.2c 22.B.2a	22.A.2a 22.A.2b 22.D.2a	22.A.2a 22.A.2b 22.D.2a	22.A.2a 22.D.2a
Human Body Systems	23.A.2a 23.B.2a 23.C.2b	23.A.2a 23.B.2a 23.C.2b	23.A.2a 23.B.2a 23.C.2b	23.A.2a 23.B.2a 23.C.2a	23.A.2a 23.B.2a	23.A.2a 23.B.2a	23.A.2a 23.B.2a	23.A.2a 23.B.2a
Communication & Decision Making	24.A.2a 24.A.2b 24.B.2a	24.A.2a 24.A.2b	24.A.2a 24.A.2b	24.A.2a 24.A.2b	24.A.2a 24.A.2b	24.A.2a 24.A.2b	24.A.2a 24.A.2b	24.A.2a 24.A.2b