Kindergarten Grade Proficiency Map (Physical Education K-5)

Kindergarten	Unit 1:locomotor movements/ Skeletal System Days:20 (End Month:)	Unit 2: Spatial Awareness/ Rolling/Fitness Testing/ Skeletal System Days:20 (End Month:)	Unit 3: Tossing/Kicking/Muscular System Days:20 (End Month:)	Unit 4: Climbing Wall/Muscular System Days:14 (End Month:)	Unit 5: Tumbling /Nutrition Days: 20 (End Month:)	Unit 6: Jump Rope/Dance Days:20 (End Month:)	Unit 7: Dance/Fitness Testing Days: 20 (End Month:)	Unit 8: Throwing, Tossing, Kicking Days: 20 (End Month:)
Movement & Motor Skills	19. A.1a 19. A. 1b 19. 1b	19. A.1a 19. A. 1b 19. B. 1A 19. B.1b 19. C.1a	19. A. 1b	19. A. 1b	19. A. 1b	19. A. 1b	19. A. 1b	
Physical Fitness	20.A.1a 20.A.1b 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a	20.A.1a 20.A.1b 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a	20.A.1a 20.A.1b 20.B.1a 20.C.1a
Team Skills	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B	21. A1a 21.A.1b 21. A.1c 21.B.1a	21. A1a 21.A.1b 21. A.1c 21.B.1a
Prevention of Illness & Injury	22.A.1c		22.A.1b 22.A.1a 22.b.1a	22.A.1b 22.A.1a 22.b.1a 22.D.1a	22.A.1b 22.A.1a 22.B.1a 22.C.1a 22.D.1a	22.D.1a	22.C.1a 22.D.1a	22.C.1a 22.D.1a
Human Body Systems	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a	23.A.a1 23.B.1a 23.C.1a
Communication & Decision Making	24.A.1a 24.A.1b 24.B.1a 24.C.1a	24.B.1a 24.A.1a 24.B.1a	24.A.1a 24.B.1a	24.B.1a 24.A.1a 24.B.1a	24.B.1a 24.A.1a 24.B.1a	24.B.1a 24.A.1a 24.B.1a	24.B.1a 24.A.1a 24.B.1a	24.B.1a 24.A.1a 24.B.1a